

Abdominal & Pelvic Ultrasound: Scheduling Guide & Exam Codes

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Abdominal/Pelvic Ultrasound: Scheduling Guide & Exam Codes

Purpose: This guide provides accurate scheduling support for Abdominal and Pelvic Ultrasound exams across all Washington Radiology locations. Use this resource to confirm **exam type**, **location restrictions**, **patient prep**, and **important scheduling reminders**.

Location Availability Summary:

- DC (K Street)
- Chevy Chase
- Bethesda
- Fairfax
- Sterling

Female Cycle Date Rules:


Female Cycle Guidelines for Pelvic Complete and Sonohysterogram Exams:


- **Day 1 = First day bleeding starts**
- **Normal Cycles:** Schedule between days 7-10
- **Irregular Cycles:** Patient should call on Day 1 of her period; then schedule between days 7-10
- **Continuous Bleeding or Post-Menopausal Bleeding (PMB):** Schedule any time

Quick Reference: Exam Types & Guidelines

Exam Code	Exam Description	When to Use	Location(s) & Rules	Prep & Notes
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2	Ultrasound Abdominal Complete	Gallbladder, liver, pancreas, appendix, spleen, hernia, flank, etc.	<ul style="list-style-type: none">  <p>If under 12 years of age</p> If reason for exam is Pyloric Stenosis (schedule with Dr. Johnson in Bethesda ONLY) <p>Transfer to Center if reason for exam is:</p> <ul style="list-style-type: none"> Floating Rib (scheduled with Dr. Allison in DC or Fairfax ONLY) 	<p>AM Appt Exam Prep:</p> <p>Nothing to eat or drink after midnight the night before the exam</p> <p>PM Appt Exam Prep:</p> <p>Nothing to eat or drink beginning 6 hours before the exam.</p>
407	Ultrasound Abdominal Aorta			<p>AM Appt Exam Prep:</p> <p>Nothing to eat or drink after midnight the night before the exam</p> <p>PM Appt Exam Prep:</p> <p>Nothing to eat or drink beginning 6 hours before the exam.</p>
???	Ultrasound Abdominal Aorta Screen			<p>AM Appt Exam Prep:</p> <p>Nothing to eat or drink after midnight the night before the exam</p> <p>PM Appt Exam Prep:</p> <p>Nothing to eat or drink beginning 6 hours before the exam.</p>

278	Ultrasound Duplex Abdomen/Pelvis TV	<p>AKA:Ultrasound Abdomen and Pelvic</p> <p>Use this exam code if the referring physician wrote the order for both exams. If not, schedule separately.</p>	<p>• </p> <p>If patient is under the age of 12</p>	<p>AM Appt Exam Prep:</p> <p>Do not eat or drink after midnight the night before the exam. Drink 16 oz. of water only, 2 hours before the exam. Please do not empty your bladder until the exam is complete.</p> <p>PM Appt Exam Prep:</p> <p>Do not eat or drink starting 6 hours before the exam. Drink 16 oz. of water only, 2 hours before the exam. Please do not empty your bladder until the exam is complete.</p> <p>Patients UNDER 17:</p> <p>Drink 16-21 oz. of water, 1 hour before the exam. Please do not empty your bladder until the exam is complete.</p>
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432	Ultrasound Pelvic Non-OB with Transvaginal Doppler (Transabdominal & Transvaginal)	AKA: Pelvic Complete Abnormal bleeding, breakthrough or mid-cycle bleeding, rule out polyps, endometrial lining abnormalities, menorrhagia, ovarian cysts, fibroids, amenorrhea, post-menopausal bleeding, sacrum, pelvic pain, groin, follicle count, etc.	<ul style="list-style-type: none">  If patient is under the age of 12 Female Patients: Cycle date does NOT apply. This exam can be scheduled any time.	Prep: Drink 32 oz. of water, 1 hour before the exam. Please do not empty your bladder until the exam is complete. Patients UNDER 17: Drink 16-21 oz. of water, 1 hour before the exam.
 66	Hysterosonogram Includes Pelvic Ultrasound	AKA: Sonohysterogram Review female organs to address concerns such as unexplained vaginal bleeding, infertility, and repeated miscarriages	Female Patients: Cycle date matters. This exam is NOT the same as a Hysterosalpingogram, please confirm the reason for the exam. If the reason for exam is to evaluate for blockages of the fallopian tubes, DO NOT schedule this exam. DC APPOINTMENTS ONLY: Forward the call to x1220, if you reach voicemail, email Leadership and the patient will receive a return call to schedule	Prep: Drink 32 oz. of water, 1 hour before the exam. Please do not empty your bladder until the exam is complete.