

Hysterosonography or Sonohysterography - Details

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Exam Details - Sonohysterography (SHG)

Available at:
DC, Chevy Chase, Bethesda, Fairfax, and Sterling

Used To:

- Evaluate the uterine cavity and endometrial lining of the uterus

Why:

- Review female organs to address concerns

How:

- A small amount of saline is injected through a catheter which has been placed into the cervix and uterus
- Fluid is used to outline polyps or other abnormalities of the uterine cavity
- Ultrasound transducer is used to emit sound waves and produce image on computer

Scheduling Sonohysterograms (SHG):

Instructions below apply for patients with a diagnosis of abnormal bleeding, breakthrough or mid-cycle bleeding, to rule out polyps, or endometrial lining abnormalities.

- Regular Cycles:
 - Make appointment between day 7 and 10 of the cycle
- Erratic or Irregular Cycle:
 - Patient should call on the first day of the period and we will make the appointment for them between day 7 and 10 of the cycle
- Continuous Bleeding or Menopausal:

- Make appointment at any time. Must be documented in the scheduling notes

Note: Day 1 is the first day of the period.

Machine:

Saline-Infused Ultrasound



EDITED: 04/25/2019
