# Hysterosonography or Sonohysterography - Details

Last Modified on 11/14/2019 10:46 am EST



## **Exam Details - Sonohysterography (SHG)**

# Available at: DC, Chevy Chase, Bethesda, Fairfax, and Sterling

#### Used To:

- Evaluate the uterine cavity and endometrial lining of the uterus

#### Why:

- Review female organs to address concerns

#### How:

- A small amount of saline is injected through a catheter which has been placed into the cervix and uterus
- Fluid is used to outline polyps or other abnormalities of the uterine cavity
- Ultrasound transducer is used to emit sound waves and produce image on computer

#### <u>Scheduling Sonohysterograms (SHG):</u>

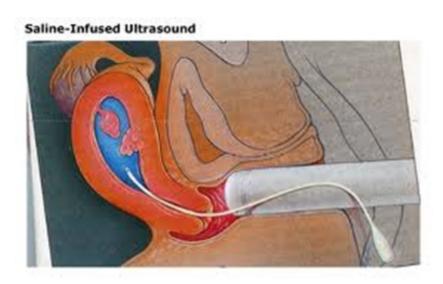
Instructions below apply for patients with a diagnosis of abnormal bleeding, breakthrough or mid-cycle bleeding, to rule out polyps, or endometrial lining abnormalities.

- Regular Cycles:
  - Make appointment between day 7 and 10 of the cycle
- Erratic or Irregular Cycle:
- Patient should call on the first day of the period and we will make the appointment for them between day 7 and 10 of the cycle
- Continuous Bleeding or Menopausal:

- Make appointment at any time. Must be documented in the scheduling notes

Note: Day 1 is the firs day of the period.

### Machine:



EDITED: 04/25/2019